

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Artificial Bicep Worksheet

Engineering Design Process

Ask → Imagine → Plan → Create → Improve

**Brainstorming ideas:**

**Draw your design:**

**Record your measurements:**

Force applied: \_\_\_\_\_

Distance: \_\_\_\_\_

**After seeing how other groups did, how would you alter your design to make it better?**

**How do you think your design might help someone?**