

1. Measure and record the mass of the golf ball.

 $m_{ball} = \underline{\hspace{1cm}} kg$

2. Measure and record the height, **h**, of the yardstick.

- h = m
- 3. Run several trials of the ball rolling down the track and into the cup. Record the average value of how far the cup slides.
- d = _____m

4. What was the potential energy of the ball at height **h**?

- $PE = (m_{ball} \times g \times h) J$
- 5. What was the kinetic energy of the ball right before it hit the cup?
- KE =(same as #4) J
- 6. What was the velocity of the ball right before it hit the cup?

$$(V = \sqrt{\frac{2 \cdot KE}{m_{ball}}})$$
m/s

- 7. What was the ball's momentum right before it hit the cup? Momentum = $(\underline{m}_{ball} \times V)$ kg m/s
- 8. How much work did friction do to stop the cup? Work from friction = (negative of #4 and #5) J Hint: The kinetic energy of the ball + the work done by friction should equal zero.
- 9. Using the distance the cup slid, **d**, and the work done by friction, what was the frictional force on the cup?

Force = $(\#8 \div d)$ N

Energy of Motion Equations

Potential Energy

$$PE = m \times g \times h$$

Kinetic Energy

$$KE = \frac{1}{2} \times m \times V^{2}$$

$$V = \sqrt{\frac{2 \times KE}{2}}$$

$$Momentum = m \times V$$

Work and Force

$$W = F \times d$$

$$F = W \div d$$

Where:

m = mass

 $g = gravity (9.81 \text{ meters/sec}^2)$

h = height

V = velocity

F = force

d = distance