**Just Breathe Activity – Lung Worksheet**



1. Describe what happens when you inhale (when you pull down on the bottom balloon in your model).

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1. Describe what happens when you exhale (when you push up on the bottom balloon in your model).

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1. Why do you think some people can inhale more air at one time than others can?

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1. What might happen if you punctured your chest cavity?

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