Blood Clots, Polymers and Strokes

Polymers

- **Polymers** are large molecules made of a repeating series of smaller molecule units.
- The small units are called monomers.
- **Polymerization** is the process of linking together monomers to form a larger polymer.



What is a Blood Clot?

- When damage occurs to a blood vessel, the body creates a blood clot to prevent blood loss. →
- Damaged vessels release proteins causing a cascade leading to coagulation and the creation of a clot:



Blood sample taken

Blood clot in vessel



ADAM.

- 1. platelets bind to the damaged tissue
- 2. fibrinogen (a protein) is recruited to the site and is converted to fibrin
- 3. fibrin is **polymerized** and creates a mesh that, when combined with the platelets, creates a blood clot
- When the vessel is healed, the body dissolves the clot.

Vessel Blockage

- An embolism is an object (blood clot, plaque) that travels through vessels, gets stuck and blocks blood flow. It can be created from:
 - the failure of the body to break-down a clot or a clot that breaks off the vessel wall
 - excessive plaque build-up in vessel walls
- A thrombosis is a blood clot that grows abnormally in a vessel and cuts of blood flow.

Stroke

A stroke is a loss of brain function due to an interruption of the blood supply to the brain.

hemorrhagic
strokes are
caused by a
hemorrhages
(bleeding) in
the brain. →



←ischemic strokes are caused by blood clots that block blood flow to areas of the brain.
(87% of strokes)

The Brain

Different parts of the brain have different functions.



Effects of a Stroke

- When a tissue is cut off from its blood supply, it has no oxygen or nutrients and begins to die.
- The effects depend largely on where in the brain it occurs, how large of an area is affected, and how long the tissue is deprived of blood.



Stroke Locations

Brain stem

cerebrum 🎽

A stroke here causes difficulty thinking and speaking.

brain stem 🎽

A stroke here would likely be lethal. Cerebellum

Cerebellum helps provide smooth, coordinated body movement

←cerebellum

A stroke here causes dizziness and difficulty controlling fine motor skills.

Restoring Blood Flow

Biomedical engineers design tools to remove blood clots.



Example Biomedical Device

Merci Retrieval System

- A cork-screw device is inserted through the femoral artery in the groin and travels to the site of the blood clot in the brain.
- The tool grabs the clot and pulls it out through the artery.



Example Biomedical Device

Penumbra System

- A thin device is inserted through the femoral artery in the groin area and travels to the site of the clot in the brain.
- The tool sucks up the blood clot to restore blood flow.

Teacher: insert image found at: <u>stroke.ahajournals.org/content/43/1/28</u> <u>o/F2.large.jpg</u>