# Day 2 Handout: Getting Familiar With Micro:bit

### Introduction:

A micro:bit is a small programmable device that allows students to learn computer programming and coding. The image below shows the various parts of a micro:bit.

**DO NOW:** In your group, look at your micro:bit and, using the image below, identify all the parts in your micro:bit shown there.

#### Reset and power button Microphone indicator Radio antenna Microphone USB connector Battery socket Touch logo Processor 25 LED lights Speaker 2 buttons BBC micro:bit GND 3V Edge connector for accessories Pin-0 Pin-2 Pin-3V Pin-1 Pin-GND Compass and accelerometer



#### Image 3: Parts of the micro:bit

### Video 1

- 1. Watch the tutorial "Micro:bit: Flashing Heart Tutorial" at https://www.youtube.com/watch?v=hiERNxxfxJQ.
- 2. After watching this tutorial, create your own flashing hearts. You must complete this before moving to the next step.

### Video 2

1. Watch the first 2 minutes of the video "Science Experiment 05 EMG Sensor" at <u>https://www.youtube.com/watch?v=vxIPQZIwYRc</u>.





# New micro:bit with sound

#### Name:

#### Date:

2. In your own words, explain how sensory and motor nerves work and how they communicate information through electrical impulses. Be ready to share your ideas with the class.

#### **Practice Creating EMG Sensors**

Make sure your group has the following materials:

- 1 micro:bit and laptop/computer
- MakeCode open on your computer
- 3 electrodes
- 1 muscle sensor
- 1 pair of scissors
- 3 connecting wires for the micro:bit
- 2 alligator clips

#### Procedure

Place a checkmark next to each step that you complete.

#### 1. Program the Micro:bit:

Open the MakeCode editor.

Create a new project called "Muscle Sensor."

Write a simple program that reads the analog input from the EMG sensor (the electrode connected to the analog pin).

Display the readings on the micro's LED matrix, or send them over to a connected computer via USB for further analysis.

Drag serial write value under forever. Type: "EMG\_Sensor".



Image 4: Computer code for Serial Value





Class:

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Click on Pins and then on an analog read pin.



Date:

Image 5: Sample computer code for analog read pin

Drag it and place it over =0. Click on pin and change it to P2.

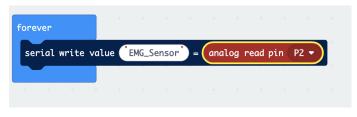


Image 6: Complete code for micro:bit

Connect your micro:bit and download the code to your micro:bit.

#### 2. Create the Electrodes:

Place three electrodes in the muscle sensor. These electrodes will pick up the electrical signals generated by muscle activity.

### 3. Connect the Muscle Sensor to Micro:bit:

Connect the alligator clips to the micro:bit following the chart below.

Muscle Sensor	Micro:bit	
VIN wire	3V power pin	
GND wire	GND	
ENV wire	Pin 2 (P2)	

Image 7: Chart created by Hend Rasheed





Date:

#### 4. Attach Electrodes to the Skin:

Place electrodes right under the wrist in your right hand. Refer to the picture below.



Image 8: Sample experiment setup

Click on show data and record.

#### 5. Test Setup:

Flex your muscle and observe the changes in the readings on the micro:bit. When you contract the muscle under the electrodes, the readings should increase, indicating the detection of muscle activity.

Move your wrist side to side, up, and down. Open and close hand.

What do you notice? What movements did you do? What does this data suggest?





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## 6. Data Collection and Analysis:

Let's look at each individual hand movement and the data it provides. Select three different movements. For each movement, provide a screenshot of the EMG signal data. Under each screenshot, describe it using the numerical data provided. (Note: Keep an eye on the minimum and maximum numbers you see.)

Movement 1:	
Graph (screenshot)	
Numerical data observations	

Movement 2:

Graph (screenshot)





Name:	Date:	Class:	
Numerical data observations			
Movement 3:			
Graph (screenshot)			
Numerical data observations			

- 7. **Screenshots/Conclusion:** Take a couple of screenshots of your data and write a conclusion paragraph in the MEAL format (main idea, evidence, analysis, and link to real world). Note that your evidence must be taken from the EMG signals collected using the micro:bit.
- 8. **Self-Assessment:** Write about the parts of this activity that were most difficult for you, and why. Then write about what parts were easier for you, and why.





Measuring Muscle Biopotential Signals Using EMG Sensors During Exercise Activity – Day 2 Handout