### Daily Reflection Form

<table>
<thead>
<tr>
<th>What went well today?</th>
<th>What didn’t work today?</th>
<th>What’s next? (to-do list)</th>
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<tbody>
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Science and engineering skills that I used today are:

**Science and Engineering Practices:**
- Asking questions (for science) and defining problems (for engineering)
- Developing and using models
- Planning and conducting investigations
- Analyzing and interpreting data
- Using mathematics and computational thinking
- Constructing explanations (for science) and designing solutions (for engineering)
- Engaging in argument from evidence
- Obtaining, evaluating, and communicating information

**Engineering Design Process:**
- Ask: Identify the need & constraints
- Research the problem
- Imagine: Develop possible solutions
- Plan: Select a promising solution
- Create: Build a prototype
- Test and evaluate prototype
- Improve: Redesign as needed

**Engineering Design Thinking:**
- Formulating problems
- Seeking solutions
- Thriving in uncertainty
- Collaborating constantly
- Prototyping ideas
- Iterating options
- Reflecting frequently

One question I have or an idea I would like to further explore is: