**Me and My Senses Activity Sheet**

***Instructions***

Think about a typical day in your life and list three things that you can **hear**, **see**, **smell**, **taste** and **touch**.

|  |  |
| --- | --- |
| **I can…** | **Three Examples for Each Sense** |
| **hear** | 1. 2. 3.  |
| **see** | 1. 2. 3.  |
| **smell** | 1. 2. 3.  |
| **taste** | 1. 2. 3.  |
| **touch** | 1. 2. 3.  |

***Closure: Reflect and Respond***

Your senses provide you with information about your environment and everything in it. *How would your life be different if you did not learn and react to your environment the way you do now?*