FAIRLY FUNDAMENTAL FACTS ABOUT FORCES & STRUCTURES

by Douglas Prime Tufts University Center for Engineering Educational Outreach

Everyone knows from experience that a **force** is a pushing or a pulling action which moves, or tries to move, an object. Engineers design **structures**, such as buildings, dams, planes and bicycle frames, to hold up weight and withstand forces that are placed on them. An engineer's job is to first determine the **loads** or external forces that are acting on a structure. Whenever external forces are applied to a structure, **internal stresses** (internal forces) develop inside the materials that resist the outside forces and fight to hold the structure together. Once an engineer knows what loads will be acting on a structure, they have to calculate the resulting internal stresses, and design each **structural member** (piece of the structure) so it is strong enough to carry the loads without breaking (or even coming close to breaking).

The 5 types of loads that can act on a structure are tension, compression, shear, bending and torsion

1) <u>tension</u>: two pulling forces, directly opposing each other, that stretch out an object and try to pull it apart (ex. pulling on a rope, a car towing another car with a chain – the rope and the chain are in tension or are "being subjected to a tensile load")



2) <u>compression</u>: two pushing forces, directly opposing each other, which squeeze an object and try to squash it (ex. standing on a soda can, squeezing a piece of wood in a vise – both the can and the wood are in compression or are "being subjected to a compressive load")



 <u>shear:</u> two pushing or pulling forces, acting close together but not directly opposing each other – a shearing load cuts or rips an object by sliding its molecules apart sideways



Before you can understand the last two types of loads, you need to understand the idea of <u>a moment of a force</u>. <u>A moment is a "turning</u> force" caused by a force acting on an object at some distance from a fixed point</u>. Consider the diving board shown below. The heavier the person, and the farther he walks out on the board, the greater the "turning force" which acts on the cement foundation.



A moment or "turning force" (M) is calculated by multiplying a force (F) by its <u>moment arm</u> (d) – the moment arm is the distance at which the force is applied, taken from the fixed point:

$$M = F \bullet d$$

(as long as the force acting on the object is perpendicular to the object) If you have a force measured in Newtons multiplied by a distance in meters, then your units for the moment are N-m, read "Newton-meters". If your force is measured in pounds and you multiply it by a distance given in inches, then your units will be lb-in., read "pound-inches". The units for moments can be any force unit multiplied by any distance unit.

4) <u>bending</u>: created when a moment or "turning force" is applied to a structural member (or piece of material) making it deflect or sag (bend), moving it sideways away from its original position - a moment which causes bending is called a bending moment – bending actually produces tension and compression inside a beam or a pole, causing it to "smile" – the molecules on the top of the smile get squeezed together, while the molecules on the bottom of the smile get stretched out – a beam or pole in bending will fail in tension (break on the side that is being pulled apart)

ex. <u>a shelf in a book case (& the diving board from previous</u> example)



<u>Glue stick experiment to show tension and compression created by bending.</u> Take a glue stick used in a glue gun and use a ruler to mark four straight 4" lines which run down the length of the stick – the lines should be spaced 90 degrees apart: one on the top, one on the bottom, and one on each side of the glue stick. Hold the glue stick between a finger and your thumb, and apply a force to the middle. Notice how the lengths and shapes of the lines change. <u>What happens to the line on</u> <u>the top of the glue stick (side where your finger pushes)? What</u> <u>happens to the line on the bottom? What happens to the lines on the</u> <u>two sides of the glue stick?</u>



inside the material - a beam in torsion will fail in shear (the twisting action causes the molecules to be slid apart sideways)

ex. a pole with a sign hanging off one side



<u>Glue stick experiment to show torsion.</u> Again take a glue stick used in a glue gun and use a ruler to mark a series of straight lines along its length, similar to the experiment above. Hold one end of the glue stick, and get a partner to twist the other end as hard as possible. What happens to the lines on the glue stick? Imagine that each vertical line represents a line of glue molecules – notice how they have been slid sideways out of position by the twisting moment – this is the sign of shear forces acting inside the material.